



## INSPIRATION BEHIND COMFY HOUSE FOODS' COMMUNITY INVOLVEMENT EFFORTS

One of the origins of the COMFYHOUSE name was we believe divinely inspired & birthed from the concept that most North Americans and Europeans had the privilege of being born into a loving family, growing up in a home where there was at least enough love to make us feel cared for and loved. With someone to watch over us, there was someone - a mom, dad, grandma, auntie or elder sibling -- chasing after us to finish our homework, get our chores done or even pick up our toys or clothes and ensure we ate our veggies.

In some cases, many of us were spoiled to have someone that would even pick up after us, but for the most part, most of us were fortunate to have a home a 'COMFY HOUSE' where we had a roof over our head, felt safe at night, and could tuck ourselves under the warmth of a blanket and a pillow. We would arise to freshly laundered clothes that a loving family member toiled to have ready for us. In like manner, there was warm running water so we could bathe as often as needed and food at the table for morning nourishment followed by being sent off to school with a lunch, on a daily basis only to have place to return with a warm meal & so forth.

COMFY HOUSE - though in part linked to the pure pleasure of enjoying the greatest of well soul-pleasing food (in our case, a Healthy & Gourmet version of it), it has also caused several founding members to become more involved in the community and our congregations of faith to become involved with those less fortunate - such as those growing up parentless, or in broken homes and in some cases those less fortunate to have been born into families heavily laden with addictions to drugs and or alcohol - some children even being abandoned at an early age.

Our mission with responsibility back into our community is to offer those less fortunate than us a chance to a stable, nurturing environment where one can experience that which many of us considered "normal" - a roof over our head, hot running water, consistent meals and so forth, all those thing that we had taken for granted. In addition to this environment, encouragement and guidance into dealing with personal issues such as substance abuse is provided - through community resources and personal counseling.





Those who come into our “Comfy House” are challenged to achieve the next educational level - be it obtaining a GED, starting/finishing an associate or undergraduate degree or training in the trade of choice. It is our opinion that the discipline and structure of education can only help in strengthening us in our daily lives and coping with the stress that life may throw our way.

Equally important in this giving back is a spiritual emphasis, to look at what a person believes and why, to encourage a further deepening of one’s faith and involvement in a spiritual walk. We are not accidental floating amoebas - we have purpose and our spirituality is paramount in that growth.

We see both triumphs and setbacks, however we are not deterred from reaching out to give back. We know beyond a shadow of a doubt that these efforts are not in vain and that even if at times we do not see an immediate impact in the lives of those who come our way, we know that at some point in time they will be able to profit by knowing that someone actually cared and took the time to reach out and not only offer a ‘hand out’ but a ‘hand up’!

So, in conclusion, know this: When you decide to list or buy any of our products, know that you are also giving back to the community and those often forgotten and seriously in need.

